

Welcome to our second -E News of the World Confederation of Cognitive and Behavioural Therapies!

Update on the WCBCT in Berlin: 17-20th July, 2019



The conference is coming up very soon in under 50 days by the time you read this newsletter. At the time of producing this eNews we are on target to welcome 4000 delegates registering from more than 82 countries which will make it the most global of all World Congresses to date.

There was an outstanding response to the Call for Papers for the scientific programme, with a record number of submissions and over 1000 papers to be presented. This means there will be many streams on a wide range of topics, and delegates will have difficulty in choosing amongst the high number of quality symposia, keynotes, workshops and panel discussions. In addition, there has been a great response to the 32 pre-congress Workshops and we urge you if you have not already registered to get in quickly for the Workshops as it is likely that there will be some that will fully subscribe.

Please go to the website www.wcbct2019.org for further details.

The first Annual General Meeting (AGM) of the WCCBT

The first AGM of the WCCBT will be held on Friday 19th July 2019 at the Berlin World Congress. In this session we will discuss the goals of the WCCBT and seek feedback and discussion on the strategic plan and would welcome discussion of major issues and challenges in CBT across each of the regions in the world. We will also highlight our goal to build CBT in areas which have had less representation to date and aims to increase dissemination of evidence-based therapies worldwide.

Call for dissemination submissions

One of the goals of the WCCBT is to increase the dissemination of CBT and evidence based psychological therapies throughout the world. We are calling for researchers in CBT to submit their protocols and materials which may be useful to host on the WCCBT website in order to disseminate the materials widely throughout the world.

Progress with future World Congresses

Continuing to support future World Congresses beyond Berlin will remain part of the WCCBT's work plan. Bidding for the 2025 World Congress has now closed and at the first AGM in July we will be able to identify the host association and the host City who will take on the task.

In the meantime get ready to support the World Congress in South Korea June 2nd – 5th 2022



Note that we have changed from Wcbct2019 to Wccbt2022

Progress with admitting new members to the WCCBT

The Board is currently developing proposals that will allow new member association to join the WCCBT family. This will help to fulfil our aim of supporting the development and profile of Cognitive and Behavioral Therapies Worldwide.

In Berlin the WCCBT will be meeting with delegates from Africa who do not currently have a regional association and providing support to help this be established if this is their wish. Delegates are attending from Egypt, Morocco, Tunisia, South Africa, Kenya, Uganda, Tanzania and Nigeria

Promoting and advocating for mental health, CBT and Evidence based Treatments for Psychological Disorders

We are planning to build collaborations with global organizations such as the World Health Organization (WHO), the United Nations (UN), and the United Nations Educational, Scientific, and Cultural Organization (UNESCO). To do this we have to be a legally registered body and at the AGM we will be agreeing how to take this forward in a timely way so that we can apply for recognition and begin this work

Visit [WCCBT.org](https://www.wccbt.org) and keep up to date with Confederation developments